

**Sunday March 7, 2010 Tenth Annual Spring Fling Yard Swim Meet
hosted by AquaFit Masters at the Nassau County Aquatic Center
Warm-Up 8:00-8:55AM / Meet Start 9:00AM / Finish Time 12:15PM**

Working at ONE of our team's hosted events each year is an AquaFit membership requirement (see page two of your enrollment form). Each program member is expected to "give back" to the team once a year. If you have been an AquaFit member since the Fall term (or earlier), then this Sun Mar 7 meet is the LAST hosted event in your membership year; if you haven't worked an event yet, you need to do so to fulfill your membership obligation. If you are a NEW program member (just joined during the current Jan-Apr winter term), then you have another hosted event opportunity to work at on Sunday, November 21, 2010. If you have a conflict you can't get out of or change with this Sun Mar 7 swim meet, I have several event-related tasks that can be done either Fri 3/5 or Sat 3/6 - discuss with me. Athletes who are competing in this meet do not work the event (except for clean-up crew). Following is a list of Sun Mar 7 event-related jobs. Keep in mind that NO EXPERIENCE is necessary to work at a masters swim meet. Please send me an email at aquafitinc@aol.com by Thursday March 4th to indicate when you can work. Thank you!

BACKUP LANE TIMERS (28 timers needed for each shift)

EARLY SHIFT 8:45AM-10:30AM

LATE SHIFT 10:30AM-12:15PM

CHECK-IN / AWARDS / APPAREL SALES

EARLY SHIFT 7:45AM-9:15AM (3 people needed - Crissy & Helen already signed up)

MIDDLE SHIFT 9:15AM-10:45AM (3 people needed)

LATE SHIFT 10:45AM-12:15PM (2 people needed)

CONTROL ROOM "RUNNERS" (2 needed for each shift)

EARLY SHIFT 8:45AM-10:30AM

LATE SHIFT 10:30AM-12:15PM

HOSPITALITY (1 person needed for each shift)

EARLY SHIFT 8:15AM-10:15AM (Dee already signed up)

LATE SHIFT 10:15AM-12:15PM

DECK SETUP & WARM-UP POOL MARSHALS

ONE SHIFT 7:15AM-9:00AM (3 people needed - Dee already signed up)

CLEAN-UP CREW (3 people needed)

Colleen (deck supervisor), Richard & Steve (deliver to storage with me) all already signed up

We have a HOSPITALITY ROOM for your convenience throughout the meet where you can grab a bite to eat or something to drink, leave your personal belongings, hang out and rest when needed. In addition, all event workers receive a shirt (your choice of red or green or blue logos) at the meet. Very Important: Make sure to arrive EARLY for your work shift to find a parking spot, and to be on pool deck in time for pre-shift briefing/instructions. Thanks!